



# PARTIAL HOSPITALIZATION PROGRAM (PHP)

Our PHP Program is a comprehensive and intensive treatment for individuals dealing with mental health concerns

Clients participate Monday - Friday from 9:00am -3:00pm and return home in the afternoon. A typical length of stay in PHP is 7-10 days depending on medical necessity.

Clients will work with our experienced and compassionate clinicians in a structured and comfortable setting.



## PHP Daily Schedule

Morning Welcome  
Educational Didactic Session  
Group Process  
Lunch and Break  
Skills Group  
Skills Activation Group  
Check out group and goal setting

- Comprehensive and supportive approach, including stabilization and coping skills
- Individual therapy
- Intensive Didactic and Group Therapy
- Psychiatric Evaluation and Medication Management
- Psychoeducation
- Daily Routine



**For More Information**

**(248) 702-6132**

7125 Orchard Lake Road, Suite 110  
West Bloomfield, MI 48322



## **Key Benefits of PHP**

A PHP is more than a treatment;  
it's a lifeline for many

### **Comprehensive Mental Health Care**

Your needs are addressed holistically, with therapy, medication management, and behavioral health support all in one place.

### **More Flexibility**

PHP allows you to continue working or attending school, unlike some inpatient programs.

### **Lower Costs**

PHP is typically more affordable than inpatient care

### **Group Therapy Sessions**

These provide a supportive environment where you can learn from others and build valuable interpersonal skills

### **Multifaceted Approach**

From outpatient services to creative therapies, PHP offers a range of avenues to foster your mental well-being

## **River's Bend PC**

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