



RIVER'S
BEND PC

River's Bend PHP Referral Guide

Privately Owned. Clinically Aligned. Your Trusted PHP
Partner in the Continuum of Care

General Program Information

- **Population:** Adults 18+, any primary mental health diagnosis.
- **Schedule:** Group sessions run Monday through Friday from 9:00 AM to 4:00 PM
- **Structure:** Includes education, skill building, emotional identification, mood regulation, coping skills, CBT, DBT process, and action groups
 - Psychiatric evaluation within 24 hours
 - Psychosocial assessment
 - Nursing assessment
 - Substance use screening
 - Medication reconciliation on day one
 - Medication reviews
 - Clinical assessment at least daily
 - Individual therapy: 1 session per day
 - Group therapy: 2 sessions per day
 - Family therapy: 1 to 2 times weekly (could be substituted for individual therapy)
- **Length of Stay:** Based on clinical criteria

Clinical Indications for PHP

- Significant symptoms of depression, anxiety, mood instability, or psychosis.
- No immediate risk of harm requiring inpatient hospitalization.
- Functional impairments impacting daily life (work, school, routines, relationships).
- Suitable for clients needing more support than outpatient therapy or as step-down care after hospitalization/residential treatment.

Medical & Safety Stability

- Medically stable; does not require 24/7 medical supervision.
- Safe living environment outside program hours.
- Not actively suicidal with plan/intent; no severe safety risk requiring inpatient.
- No active/severe substance use requiring detox.

PHP Referral Criteria

When to Refer

- Symptoms are worsening despite outpatient care.
- Decline in functioning (ADLs, work, school, or relationships).
- Lack of progress in individual therapy.
- New or worsening suicidal thoughts (without plan/intent).
- Need for immediate medication management.
- Willing/able to attend 5 days/week, 6 hours/day.
- Can benefit from group-based therapy, plus individual and family sessions.

When a Higher Level of Care May Be Needed

- Unable to participate in group setting (e.g., severe psychosis, inappropriate/violent behavior).
- Primary diagnosis of substance use disorder (detox/residential may be more appropriate).
- Moderate to severe cognitive/developmental disorders or autism requiring substantial support.

Why Refer to River's Bend PHP?

- **Privately owned & community-centered** since 1995.
- **Joint Commission Accredited** – ensuring safety and quality.
- **Blue Distinction Center** for excellence in substance use treatment.
- **Evidence-based treatment** – CBT, DBT, trauma-informed care, medication management, family therapy.
- **Strong referral partnerships** – clear communication and collaborative treatment planning to **return your client to you**.

Referral Process

Phone: (248) 702-6132

Email: cnarduzzi@riversbendpc.com

Meet with our Business Liaison <https://www.riversbendpc.com/referral-partners/>

Partnering for Better Outcomes

River's Bend PHP provides structured, evidence-based care that bridges inpatient and outpatient services. By partnering with us, you ensure your clients access the right level of support at the right time.